



**MANA House**  
(Marines, Army, Navy, Air Force)

MANA House is a holistic, transitional living program for veterans experiencing homelessness. This Phoenix program focuses on secure, permanent, sustainable housing, as well as building self-worth, camaraderie and teamwork. Services include housing assistance, career counseling, assistance with enrollment of VA Benefits, Social Security, Disability and other federal and state benefit programs, and more. Referrals accepted through the Community Resource Referral Center in downtown Phoenix.



**MANA HOUSE**  
2422 W. Holly St.  
Phoenix, AZ 85009

There are more than  
**850**  
homeless veterans  
in Arizona alone

More than  
**600**  
veterans were served by  
MANA House last year.

**6 MONTHS**  
is the average stay for a  
veteran at MANA House.



**CENTRAL ARIZONA OFFICE LOCATIONS**  
602-285-1999 or 855-316-2229

**PHOENIX**  
(Administrative Office)  
5151 N. 19th Ave.  
Phoenix, AZ 85015

5119 N. 19th Ave.  
Phoenix, AZ 85015

**MESA**  
(Care Campus)  
466 S. Bellview  
Mesa, AZ 85204

**PEORIA**  
(Westside Head Start)  
7400 W. Olive Ave., Suite 10  
Peoria, AZ 85345

[CatholicCharitiesAZ.org](http://CatholicCharitiesAZ.org)



**Central Arizona  
Programs & Services**



We help our community's most vulnerable with solutions that permanently improve lives. Catholic Charities Community Services provides help for people of all faiths, backgrounds and abilities.



# Programs & Services

## Parish and Community Engagement

Collaborates with individuals and organizations to address the needs of the community's most vulnerable members. Builds awareness and support through parishes and community partners with Catholic Social Teaching programs. Available in all locations

## Counseling

Guides individuals, families, adolescents, parents and children in addressing issues of anxiety, depression, domestic violence, grief, pregnancy, sexual or substance abuse and self-esteem. Fees are income-based and many insurances are accepted, including AHCCCS. Available in Phoenix

## In-Home Services

Provides case management, advocacy, counseling and parent training to address stressors causing challenges in the family. Assists parents in improving their overall parenting skills. These services are available to families who are referred by the Department of Child Safety. Available throughout Arizona

## Pathways

The Pathways program moves domestic violence survivors beyond emergency services to provide support needed to regain independence and a life free from abuse. Pathways also offers transitional housing for women and their children who have completed a shelter program.

Available in all locations

<b>Local Domestic Violence Hotline:</b> 480-821-1024	<b>National Domestic Violence Hotline:</b> 800-799-7233
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## DIGNITY Diversion

(Developing Individual Growth and New Independence Through Yourself)

Catholic Charities recognizes prostituted women as victims of sexual exploitation and helps them rebuild their lives. Diversion programs are offered as an alternative to incarceration for sex-trafficked individuals through our unique partnership with the City of Phoenix prosecutor's office.

Available in Phoenix

## Foster Care & Adoption

Recruits foster families and assists them with home studies and licensing to provide homes for foster children. Helps prepare families for Department of Child Safety placement, including short and long-term placement. Also facilitates adoptions of children through DCS.

Available in all locations, including Northern Pinal County

## Familias Unidas

Provides legal consultation, document preparation and representation to assist U.S. citizens and immigrants with immigration-related issues and helps bring immediate family members to the United States. Citizenship information classes are available.

Available in Phoenix

## Refugee Services

Provides comprehensive case management and welcomes U.S. Government-approved refugees to America by setting up and furnishing an apartment, purchasing groceries, ensuring adequate and appropriate education placement for children. Services include: assistance with mental health, assistance finding employment, economic sufficiency, community integration, English as a Second Language and immigration Services.

Available in Phoenix

## Unaccompanied Minor Foster Care

This specialized foster-care program provides services for foreign-born children who have arrived in the United States without a parent or other adult caregiver. Foster families are provided free training and ongoing support to become licensed in Arizona.

Available in Phoenix



Provides infants, toddlers and preschoolers with early childhood education and parental support for low-income families or children with disabilities. Early Head Start serves children ages 0-3 and Head Start serves children ages 3-5. Services are also available for pregnant women.

Available in multiple locations throughout the West Valley. In-home services are also available.

**82%**  
of Head Start students live in poverty.



Housing for Hope, an affiliate of Catholic Charities, provides affordable housing for low-income individuals and families in multiple locations throughout Central and Northern Arizona. Communities are staffed by Catholic Charities' resident services team members who work with residents to ensure they remain housed and provide a welcoming, community minded, safe experience.

Resources such as community food banks, assistance with job applications, after-school programs for kids and more are made available to residents.

Available in select locations in Central and Northern Arizona

**300**  
units of affordable housing were provided for individuals and families last year.



Master's degree-level counselors help women make a life-affirming plan to parent or place their child for adoption. Helps parents develop the necessary skills and resources, including financial preparedness, and offers parenting education and legal resources. Joining Hearts also offers services to potential adoptive couples who wish to adopt an infant or young child.

Available in all locations

24/7 toll-free hotline: 888-818-4445

LAST YEAR, NEARLY  
**90**  
people reached out to our 24-hour hotline for help with an unexpected pregnancy.



MY SISTERS' PLACE  
A CATHOLIC CHARITIES PROGRAM

A home-like atmosphere for women, men and their children fleeing domestic abuse. Beyond being a shelter, survivors are empowered through counseling, financial education and victim advocacy to transition them into an independent life free from abuse.

Located in the East Valley

<b>Local Domestic Violence Hotline:</b> 480-821-1024	<b>National Domestic Violence Hotline:</b> 800-799-7233
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**174**  
victims of domestic violence were assisted at My Sisters' Place last year.